



## We have taken the following measures as a result of the COVID-19 pandemic:

- Until further notice, **Beit T'Shuvah is CLOSED to the public.** This means only current residents and essential staff are allowed on property.
- This applies to ALL outside visitors including immediate relatives of current residents.
- This includes ALL of our events and meetings, including but not limited to: Shabbat services, 12-Step Meetings, donor engagement/events, sponsors, therapy-only clients, campus tours, potential clients seeking admission, Adult Education, etc.
- Some of these examples are being offered virtually either via Zoom or Livestream. Our Friday Night services will be offered via Livestream at [www.beittshuvah.org/live](http://www.beittshuvah.org/live) For more information regarding virtual community events, please visit our website at [www.beittshuvah.org](http://www.beittshuvah.org) or on our social media platforms (@beittshuvah)
- Although we are closed for intake, our admissions line is still active via TELEPHONE OR ONLINE only. Please call 310-204-5200 and ask for Lysa in admissions or go to [www.btsrecovery.org](http://www.btsrecovery.org)
- All employees with underlying health issues or those who are over the age of 65 are asked to work from home and remain off-site until further notice.
- Passes for current residents are limited and are at the discretion of the PF Supervisor on shift.
- Voluntary discharge of residents has been implemented on an individual basis.

Beit T'Shuvah at its core is a community. We aim to continue the spirit and services of Beit T'Shuvah during this time. Our priority for our residents is top of mind but we are still available to our community and are committed to helping those who need spiritual guidance. We are doing our best in these uncertain times to keep our community safe, which means maybe not being able to be physically with each other. As we strive to offer the best and safest care for our current residents we thank you for understanding these protective measures that we have put in place. Again, we stand available, virtually, as a community and will continue to implement programming via Zoom or LiveStream to keep our community together. As these resources become more available, we will update you so you can join us.

## Until the implementations above can change, here are some ways to continue to be part of the community and resources to those who are struggling during this time:

- **Our Friday Night Shabbat Services** will be via LiveStream every week! Please join us at 6:30pm every Friday at [www.beittshuvah.org/live](http://www.beittshuvah.org/live)
- Rabbi Kerry Chaplin, one of BTS spiritual counselors is **leading a virtual mediation** as a way to creatively connect with abundance in a time of apartness. Ancient wisdom meets modern tools. Please join her SUNDAY-FRIDAY AT 9AM via Zoom
  - Zoom:\* <https://us04web.zoom.us/j/510379115> Phone: 929-205-6099. Meeting ID: 510 379 115.
- **Our spiritual staff is available** to those who desire it in the community. Please feel free to contact them:
  - o Rabbi Ben Goldstein: [RGoldstein@beittshuvah.org](mailto:RGoldstein@beittshuvah.org)
  - o Rabbi Kerry Chaplin: [KChaplin@beittshuvah.org](mailto:KChaplin@beittshuvah.org)
  - o Rabbi Micha'el Akiba: [Makiba@beittshuvah.org](mailto:Makiba@beittshuvah.org)
  - o Rabbi Joseph Shamash: [JShamash@beittshuvah.org](mailto:JShamash@beittshuvah.org)
  - o Rabbi Miriam Green Potak: [MGreen@beittshuvah.org](mailto:MGreen@beittshuvah.org)
  - o Chaplain Adam Siegel: [ASiegel@beittshuvah.org](mailto:ASiegel@beittshuvah.org)
- **Addiction Hotline Resources:**
  - o AA Central Office: 323-936-4343
  - o SAMHSA Hotline: 800-662-HELP (4357)
  - o LA Country Suicide Hotline: 800-854-7771
- **BTS Admin Contact**
  - o Executive Director: Sergio Rizzo-Fontanesi Ph.D. - [SFontanesi@beittshuvah.org](mailto:SFontanesi@beittshuvah.org)
  - o Operations Director/Safety Officer: Russell Harrison: [RHarrison@beittshuvah.org](mailto:RHarrison@beittshuvah.org)
  - o Director of Clinical Services (residents): Zac Jones: [ZJones@beittshuvah.org](mailto:ZJones@beittshuvah.org)
  - o Family Program Director (families of residents): Elana Behar: [EBahar@beittshuvah.org](mailto:EBahar@beittshuvah.org)
  - o Communications Director (press and media): Nicole Goodman: [NGoodman@beittshuvah.org](mailto:NGoodman@beittshuvah.org)
  - o Chaplain Adam Siegel (community resources): [ASiegel@beittshuvah.org](mailto:ASiegel@beittshuvah.org)

Help Keep Our Community Healthy: The safety and wellbeing of our guests is our top priority. The Center For Disease Control (CDC) recommends the following precautionary measures and guidelines to keep you healthy and prevent the spread of Coronavirus:

- Wash your hands often with soap and water for at least 20 seconds • Use an alcohol-based sanitizer • Keep away from others that are sick • Avoid touching high-touch surfaces in public places • Avoid touching your face, nose, eyes, etc. • Clean and disinfect household objects and surfaces in your home • Practice Social Distancing • Avoid all non-essential travel

According to the CDC, if you think you have been exposed to COVID-19 and develop a fever and symptoms of respiratory illness, such as cough or difficulty breathing, call your healthcare provider immediately. Your healthcare professional will work with your state's public health department and the CDC to determine if you need to be tested for COVID-19.